

LIFEPATH

RESOURCES



resources for the path to devotion





**LIFE
PATH**
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LifePath Resources

Guiding Small Groups and individuals as they pursue full devotion to Christ

LifePath is Central's outline of the path to know God. Coming to faith is not the finish line, but rather the beginning of a lifelong journey in pursuit of God. And we don't travel alone. We travel this path with others as part of a Small Group.

LifePath Resources are divided into three categories—Head, Heart, and Hand—and are designed to help Small Groups and individuals grow in knowledge, in God's purposes for life, and in authentic living.

Each resource includes a DVD and study guide.

HEAD

Grow in your knowledge of God and his word

Romans 10:17 (NIV)

Consequently, faith comes from hearing the message, and the message is heard through the word of Christ.

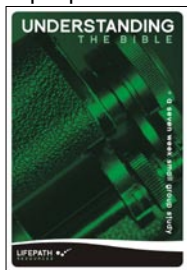
One way people grow in their relationship with Christ is when they increase their knowledge of God's word. The studies in this section are designed to help people understand God and his message to us in the Bible.

Understanding the Bible

7 sessions

Teacher: Jud Wilhite

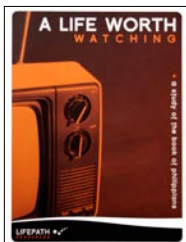
The Bible is the best selling book of all time. More people own the Bible than any other book. Yet many people are completely baffled when it comes to understanding God's instruction book for life. Some have picked up the Bible with great intentions and expectations only to find themselves getting confused and discouraged. This seven-week LifePath study is designed to clear up the confusion and help you understand the Bible like never before.



A Life Worth Watching – A Study of the Book of Philippians

8 sessions

Teacher: Jud Wilhite



Much like TV, some people's lives are interesting and productive, and some are, well ... just plain boring. Do you have a life worth watching? In a letter written to Christ-followers in the city of Philippi, jail-bound Paul instructs them in their faith and writes a classic statement about who he is: "For to me, to live is Christ!" To live a life worth watching means to fully engage in following Jesus Christ. The book of Philippians provides clear teaching to create a lifestyle of faith.

iBelieve – Exploring the Christian Faith

8 sessions

Teacher: Jud Wilhite

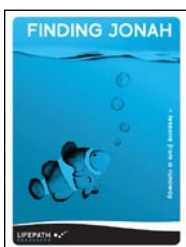


Some approach religion and theology in random mode. Whatever seems right at the time will do. If you don't like what one church preaches, just hit shuffle and come up with something better. But are there some basic non-negotiable beliefs? Does God provide foundational truths that need to be mastered? *iBelieve* lays a foundation of basic Biblical teaching that believers have owned for centuries. This is the stuff of Christianity.

Finding Jonah – Lessons From a Runaway

4 sessions

Teacher: Jud Wilhite



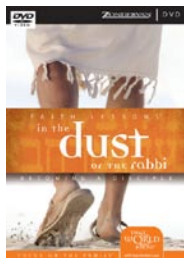
Jonah's story is similar to our own. God sends each of us on an adventure. Jesus instructs us to go into the world and tell people about Him. Like Jonah, we can go for it or we can run from it. Which way are you running? Are you sprinting into the work? Or are you fleeing in the other direction? Is your story called, *Finding ... YOU?* This four-week study on Jonah will help you learn to talk about your faith—without being swallowed by a whale.

Faith Lessons In the Dust of the Rabbi: Becoming a Disciple

5 sessions

Teacher: Ray Vander Laan

Attend a Bible study in the Holy Land—without leaving home! Filmed in Israel and Turkey, Ray Vander Laan's powerful DVD lessons transport you to biblical sites to help you better understand the Hebrew culture that gave birth to the Bible. In their culture, disciples followed so closely to the rabbi, or teacher, that they were often covered in dust kicked up by his feet. Discover how to follow Jesus and what it means to be his disciple.



A Small Group Study in 1 Thessalonians: A Spiritual Road Map in a Mixed Up World

Volumes I & II, 6 sessions each – 12 sessions total

Teacher: Lance Witt

The book of 1 Thessalonians is a great Small Group study for 21st Century Christ-followers. Each session offers thought-provoking questions and prompts discussion to help group members unpack life's spiritual road map. Topics include living a life of sexual purity, living as insiders while reaching outsiders, spiritual laziness, Small Group living, and preparing for the return of Christ.



HEART

Becoming who God designed you to be

God has specific purposes for your life. When you live out his purposes, you are closer to being who he designed you to be. These Small Group studies are designed to help you grow in five purposes: knowledge of God and the Bible, living life in community with others, increasing time spent serving others, desire to worship God, and consistently telling others about your faith.

The Pursuit: Vintage Values For a Relevant Faith

5 sessions

Teacher: Jud Wilhite



Classic. Retro. Vintage. We love to go back, don't we? We often want to return to the good things of the past. The things of quality. The things that last. The first Christians devoted themselves to timeless values and practices that made them the world-changing church. These same "vintage" values, described in the book of Acts, are foundational to the church today. *The Pursuit* explores the timeless principles of community, generosity, worship, and more.

Developing a Servant's Heart

6 sessions

Teacher: Jud Wilhite



Who comes to mind when you hear the word "servant"? Mother Teresa? Jesus? How about YOU? The *Developing a Servant's Heart* study challenges each individual to grow in service to God and others. Discover how God specifically wired your personality, passions, and spiritual gifts, and the joy and fulfillment that comes from using them for him. Learn to serve in a unique way and make a significant difference in our world.

Why> 40 Days Pursuing Answers to Life's Biggest Questions

6 sessions

Teacher: Jud Wilhite

This study is designed to help you understand how to respond to difficult questions about faith. Discuss questions developed from a survey of the Central family, including: *Why am I here? Why should I believe in God in the first place? Why should I trust the Bible?* ... and more. Whether you are asking these questions yourself or hoping to help a friend navigate through one of them, this study will help you approach some of faith's "whys" with confidence.



Your Mormon Friend

6 sessions

Teacher: Kyle Costello

Do you know enough about The Church of Jesus Christ of Latter-day Saints to discuss it intelligently? Can you engage in conversation in a loving way that doesn't alienate people? This study is designed to help you reach... not beat up...your friends who are Mormon. Taught by Kyle Costello, who was raised in a Mormon home, this study is packed with eye-opening information presented in a warm and friendly spirit. The objective is to help you clarify, not condemn.

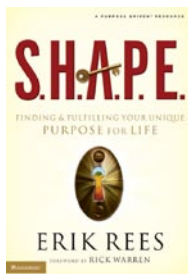


S.H.A.P.E.: Finding and Fulfilling Your Unique Purpose for Life

6 sessions

Teacher: Erik Rees

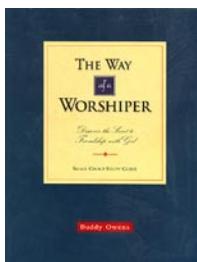
Discover God's unique purpose for your life based on the way God shaped you. He made you marvelously unique for a reason. Tap into that reason and into the secrets of your own personal makeup—your passions, talents, experiences, temperament, and other components that work together to make you who you are. You'll discover the path to a life of unimagined purpose, impact, and fulfillment.



The Way of a Worshiper: Discover the Secret to Friendship with God

4 sessions

Teacher: Buddy Owens

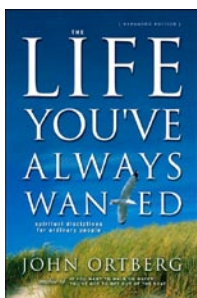


This Small Group study is not about music. It's not even about going to church. It's about living your life as an offering of worship to God, tapping into the source of power to live a Christian life, and discovering the secret to friendship with God. Through his practical, engaging, and at times surprising insights, Buddy Owens shares truths from the Bible and from life that will help you understand in a new and deeper way what it means to be a worshiper.

The Life You've Always Wanted

6 sessions

Teacher: John Ortberg

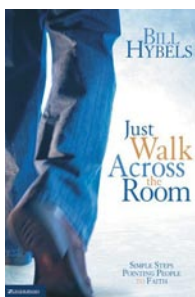


The heart of Christianity is transformation. It's a relationship with God that impacts not just our "spiritual lives," but every aspect of living. This study calls you back to the dynamic heartbeat of Christianity—God's power to bring change and growth—and reveals both the how and why of transformation. Learn about spiritual disciplines and how they build strength and endurance for your journey towards becoming more like Christ.

Just Walk Across the Room

4 sessions

Teacher: Bill Hybels



Discover God's unique purpose for your life based on the way God shaped you. He made you marvelously unique for a reason. Tap into that reason and into the secrets of your own personal makeup—your passions, talents, experiences, temperament, and other components that work together to make you who you are. You'll discover the path to a life of unimagined purpose, impact, and fulfillment.

HAND

Live an authentic Christian life

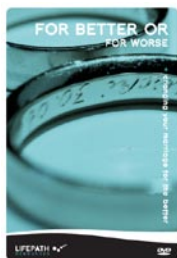
The knowledge of God and the Bible is meant to change the way we live our lives. These Small Group studies will help you live an authentic Christian life and grow to be more like Christ in how you live and relate to others.

For Better or For Worse: Changing Your Marriage for the Better

7 sessions

Teacher: Mark Whelchel

The storyline of marriage is similar to the story of God's relationship with us. Marriage always begins with promise, struggles because of sin, is restored by grace, and is lived out to the glory of God. God desires marriage to be a visible example of his grace and love to the world around us. In this study, discover God's design for marriage, how marriage can spiral in a negative direction, how to repair and restore a marriage, and how to glorify God through your marriage.



Imagine: Living Your Dream

4 sessions

Teacher: Jud Wilhite

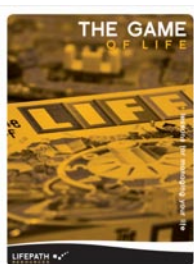
What do your hopes and dreams have to do with God's plan? At its very core, God's dream for you is about knowing him and living your life for his glory and fame. This study will help you define your ambitions and goals, learn how to face and overcome challenges and obstacles, and find out how God works for good in your life. Imagine living out your dream according to God's plan and design. There's no more fulfilling way to live your life!



The Game of Life

3 sessions

Teacher: Jud Wilhite



When you have a bad day, wouldn't it be nice if you could fold up your life in a box and start it all over? In the real game of life, you may have made a lot of choices that you regret. The good news is this: you always have another move to make. When you realize that God created the game of life and you bow to his greatness, you discover how to give all of your life to God and be used for his glory. Go ahead! It's your turn to spin.

Managing Our Finances God's Way

7 sessions

Teachers: Rick Warren, Ron Blue, Chip Ingram, and Howard Dayton

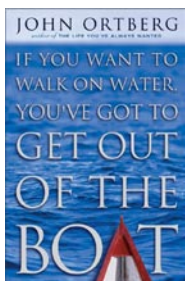


One out of every six verses in Matthew, Mark, and Luke is about material possessions. And nearly half of Jesus' parables are about possessions. *Managing Our Finances God's Way* is a seven-week Small Group study that will inspire you to live debt-free and manage finances in a way that honors God. Each session focuses on an area of financial management, including spending, giving, saving, investing, debt repayment, and more.

If You Want to Walk on Water, You've Got to Get Out of the Boat

6 sessions

Teacher: John Ortberg



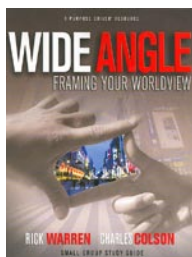
Simon Peter may have been the first out of the boat, but Jesus' invitation to walk on water is for us all. This six-session study will encourage your Small Group to greater faith, power-filled deeds, and a new way of knowing God. Christ has called us to an exciting, sacrificial, and overwhelmingly fulfilling faith! Discover how to discern when God is calling you out of the "boat," overcome fear, take a risk, get past failure, and trust God to catch you.

Wide Angle: Framing Your Worldview

4 sessions

Teachers: Chuck Colson and Rick Warren

Everything you think about life is shaped by your worldview—the beliefs you build your life on. It determines your view of God, yourself, and other people. It determines how you think about relationships, time, and money. This study examines worldviews as they relate to the most important questions of our day. Explore key issues such as truth, tolerance, terrorism, creationism vs. Darwinism, sin and suffering, and the purpose of life.

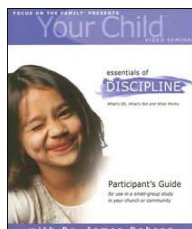


Your Child Video Seminar: Essentials of Discipline

12 sessions

Teacher: Dr. James Dobson

Parenthood is one of the most challenging and rewarding experiences most of us will ever have! Looking for workable advice on how to raise your kids? Here it is! Through interviews and animated vignettes, tackle topics vital to 21st-century parents. You'll discover wise counsel on effective discipline, self-confidence, and safeguards for a dangerous world. Learn how to grow and lead your sons and daughters in an effective and God-honoring way.



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